

Security and Privacy Issues in Internet of Things (IoT)

Muhammad Akmal Husaini Bin Haris ¹, Mohammad Izhmin Haiqhal Bin Yahya ², and
Muhamad Nidzam Bin Ibrahim ²

¹Universiti Teknologi MARA

²Affiliation not available

October 31, 2023

Abstract

This project addresses the security and privacy challenges of the Internet of Things (IoT). IoT devices are used in many different fields for a broad function including, healthcare, agriculture, and city management. The proliferation of IoT devices creates vulnerabilities that can lead to unauthorized access, insecure communications, and data breaches. Improper authentication and authorization, insecure communication protocols, and inappropriate software updates pose significant risks to IoT devices and networks. Additionally, the collection and processing of sensitive user data without proper consent and lack of privacy-by-design principles compound privacy concerns. . As a result of the analysis from literature reviews this project proposes some solutions to mitigate these issues. In light of these concerns, this project aims to explore and propose effective strategies to address the privacy and consent challenges associated with IoT devices. By examining the existing gaps in data protection, raising awareness among users, and promoting responsible data collection practices, the project strives to create a safer and more privacy-respecting IoT environment.

Security and Privacy Issues in Internet of Things (IoT)

Muhammad Akmal Husaini Bin Haris *Faculty of Computer and Mathematical Sciences Universiti Teknologi Mara, UiTM Tapah, Malaysia* akmal.man4578@gmail.com Mohammad Izhmin Haiqhal Bin Yahya

Faculty of Computer and Mathematical Sciences Universiti Teknologi Mara, UiTM Tapah, Malaysia izhminhaikal@gmail.com

Muhammad Nidzam Bin Ibrahim

Faculty of Computer and Mathematical Sciences Universiti Teknologi Mara, UiTM Tapah, Malaysia nidzambinibrahim@gmail.com

Abstract—This project addresses the security and privacy challenges of the Internet of Things (IoT). IoT devices are used in many different fields for a broad function including, healthcare, agriculture, and city management. The proliferation of IoT devices creates vulnerabilities that can lead to unauthorized access, insecure communications, and data breaches. Improper authentication and authorization, insecure communication protocols, and inappropriate software updates pose significant risks to IoT devices and networks. Additionally, the collection and processing of sensitive user data without proper consent and lack of privacy-by-design principles compound privacy concerns. . As a result of the analysis from literature reviews this project proposes some solutions to mitigate these issues. In light of these concerns, this project aims to explore and propose effective strategies to address the privacy and consent challenges associated with IoT devices. By examining the existing gaps in data protection, raising aware-

ness among users, and promoting responsible data collection practices, the project strives to create a safer and more privacy-respecting IoT environment.

Keywords— Internet of Things, Security Issues, Privacy, Data, Countermeasures.

Introduction

The Internet of Things (IoT) has emerged as a transformative force in the technological world, redefining the way we interact with the objects and environments around us [1]. By seamlessly connecting physical objects to the Internet, the IoT opens up a realm of possibilities, building networks of interconnected devices that collect, analyze, and share data in real time. Fundamentally, IoT revolves around smart devices with sensors, software and connectivity. These devices span a wide range of everyday objects, including consumer electronics, vehicles, wearables, and even entire infrastructure. Equipped with various sensors, it senses and monitors its surroundings, collecting data such as temperature, humidity, movement and location.

The data collected by these IoT devices is more than just static information, it holds great potential for analysis and insight. With their processing capabilities, these devices can locally analyze the collected data, extract meaningful information, and make intelligent decisions based on predefined algorithms. This analysis leads to process optimization, increased efficiency and informed decision making in many areas. IoT has paved the way for a new era of innovation and connectivity. It has transformed industries, improved our everyday lives, and opened up unprecedented opportunities for progress. IoT will create a world where objects and environments are intelligently connected, where data-driven insights drive progress and efficiency. As this technology evolves, we can expect further advancements that will shape the future and further unlock the potential of IoT. The research approach below which has a research question and research method is defined as a guidance to achieve the objective of this paper.

A. Research Question

Research Question 1: What do previous studies show about the application of IoT?

Research Question 2: What are the problems faced by users when using IoT?

Research question 3: What suggestion could be made to address the problem?

B. Research Method

Sources: The review involves reading thoroughly related sources such as journal articles, proceeding workshops and books.

Search: More specifically, the review focuses on searching and collecting information on IoT.

Search strategy: The search strategy for the literature review is directed towards findings published papers in archival journals and from electronic databases.

Search engine: Search engine for search activity involves browsing Google Scholar. Electronic databases such as Elsevier's Science Direct and Uitm PTAR database were also explored.

Search terms: The search terms used were "IoT", "IoT application", "privacy", "security" and "existing IoT application".

The objectives of security and privacy issues in Internet of Things (IoT) are derived as follows:

1. To identify previous studies on the application of IoT.
2. To identify problems faced by users when using IoT.
3. To provide solutions for each problem faced by users.

Literature Review

This section will answer research question 1 on what the previous study shows about the applications of IoT. Industry is a big beneficiary of the IoT revolution. Real-time monitoring of equipment and processes enables proactive maintenance and optimization of production lines. This reduces downtime, increases operational efficiency, and delivers significant cost savings. IoT-enabled predictive maintenance helps identify potential equipment failures before they occur, enabling timely repairs and preventing costly outages. In addition, supply chain optimization enabled by IoT devices improves inventory management, reduces waste, and streamlines logistics.



Figure 1 IoT Applications

In the healthcare field, IoT has brought great progress. According to a study [2], remote patient monitoring systems allow healthcare providers to remotely track patient health data and analyze it in real time. Wearable devices such as smartwatches and fitness trackers continuously monitor vital signs, physical activity and sleep patterns, empowering individuals to take responsibility for their health and make informed decisions. Smart medical devices such as insulin pumps and pacemakers transmit critical data to medical professionals, enabling timely intervention and personalized care. IoT has the potential to revolutionize healthcare by improving diagnosis, treatment and patient outcomes while reducing healthcare costs.

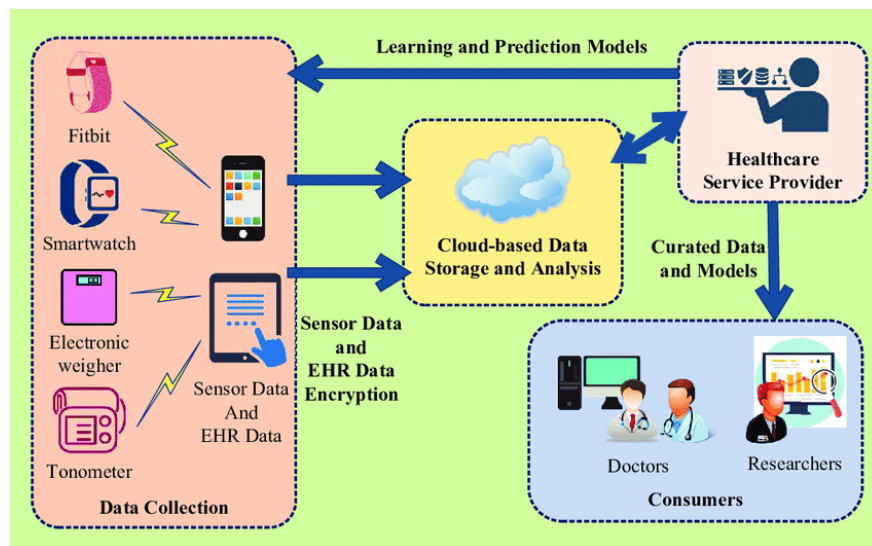


Figure 2 E-Healthcare Framework

The smart city concept is made possible by IoT. By integrating IoT devices into urban infrastructure, cities can optimize resource management, improve traffic flow, enhance public safety, and promote sustainability. For example, connected streetlights can adjust their brightness based on real-time conditions, thus saving energy and reducing light pollution. Waste management systems can use IoT sensors to optimize collection routes, reducing costs and environmental impact. IoT-enabled transportation systems improve mobility and reduce congestion by monitoring traffic patterns, optimizing public transit routes, and providing real-time information to commuters. Smart cities use IoT technology to create a more livable, efficient and sustainable urban environment for citizens.

According to a study[3], IoT technology in the utilities sector will enable the creation of “smart” grids and meters for electricity, water and gas. Sensors embedded in these systems collect customer usage data, which is shared and used by a central control system. This data will allow you to optimize your production and distribution in real time to meet demand efficiently. In the transportation sector, IoT plays a key role in facilitating various functions. Fare readers and status trackers with IoT capabilities enable seamless integration and communication between different public transport platforms. This interconnection provides users with a unified experience and access to information and services across multiple transportation systems. One example is his 2016 Smart City Challenge winning proposal by the Department of Transportation in Columbus, Ohio. Their proposals included connected infrastructure interacting with vehicles such as self-driving electric vehicles and shuttles. Additionally, a joint payment and travel planning system has been implemented to optimize the user experience.

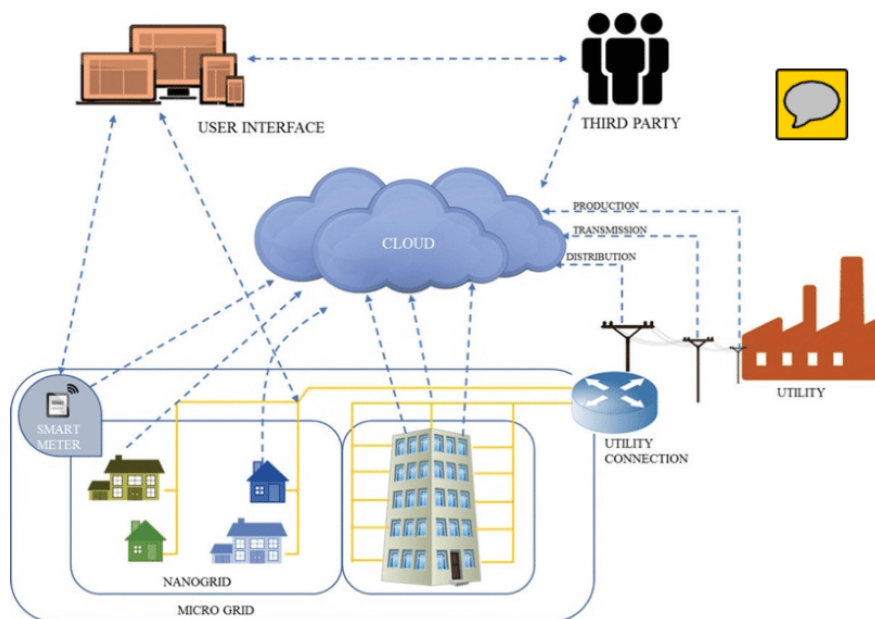


Figure 3 Smart Home Framework

The agricultural sector has also undergone a major transformation under the influence of IoT. Farmers can now use these IoT devices to monitor soil moisture, temperature, and nutrient levels to optimize irrigation, fertilization and crop cultivation techniques[4]. Connected drones and satellites can capture high-resolution images of fields so farmers can identify crop diseases, monitor growth patterns, and make data-driven decisions to increase yields. IoT-based livestock monitoring systems help farmers track animal health, detect anomalies, and take timely action, improving animal welfare and productivity. By harnessing the power of IoT, agriculture can become more sustainable, efficient, and productive, ensuring food security for the world's growing population.

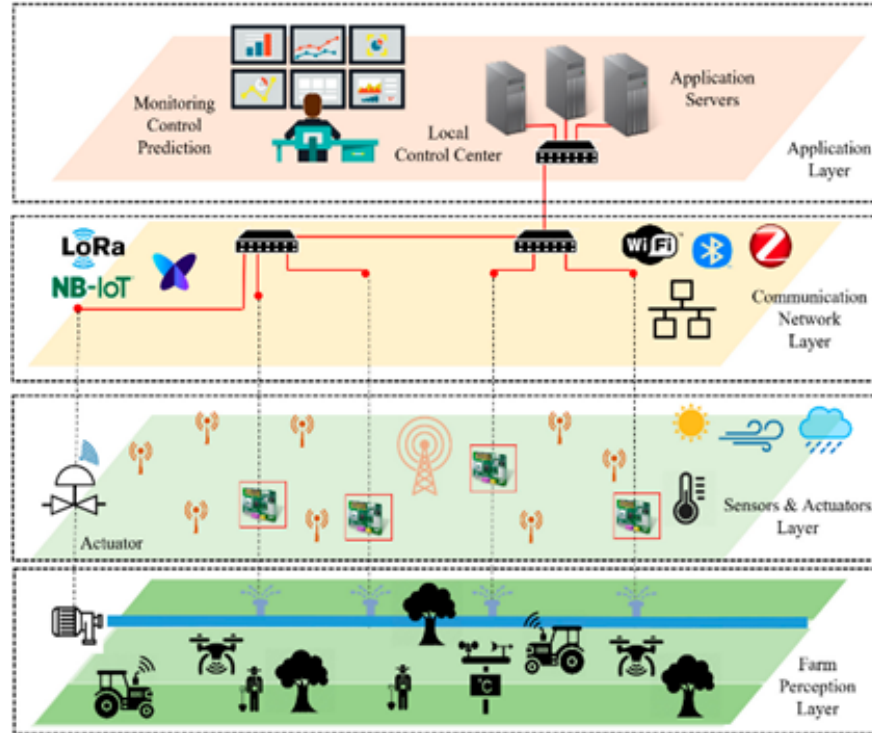


Figure 4 Agriculture Framework

Problem

This section will answer research question 2 of what the problems are faced by users when using IoT. IoT offers numerous benefits, such as increased convenience and efficiency, however, it also brings forth significant privacy and consent challenges.

A. privacy and consent of user data

The proliferation of IoT devices has raised significant privacy and consent challenges. These devices can collect and process large amounts of sensitive user data, including personal information, behavioral patterns, and even biometric data. However, poor data protection can lead to data breaches and misuse of personal data. One of the main problems is that IoT devices often collect and process sensitive user data without implementing proper data protection measures. Users may not be fully aware of the scope and nature of data collection, leaving them vulnerable to potential data breaches. In some cases, IoT devices may collect data indiscriminately without considering the need or relevance of the information being collected. This can lead to excessive and unnecessary accumulation of personal data, increasing the risk of unauthorized access and misuse.

Moreover, the lack of explicit consent and transparent data processing practices exacerbates these concerns. Users should have the right to understand and control how their data is collected, processed, and used. Without a clear and transparent privacy policy, users may not fully understand what data is collected, why it is collected, or how the data is protected [5]. This lack of transparency undermines trust and impairs users' ability to make informed decisions about their data. Poor data protection and consent practices can have far-reaching repercussions. This can lead to unauthorized access to personal information, leading to identity theft, financial fraud, and other data breaches[6]. Furthermore, potential misuse of personal data

can adversely affect individual autonomy, freedom, and general well-being. Privacy concerns in IoT are not only at the individual level, but have broader implications, impacting public trust in technology and hindering the adoption of his IoT solutions in various industries.

B. Inadequate Authentication and Authorization

As the use of IoT increases, poor authentication and authorization in the IoT context poses significant security risks and can lead to a variety of problems [7]. One of the main issues is using weak or default credentials. Many IoT devices come with default usernames and passwords that are commonly known or easily recognizable. Manufacturers often overlook the importance of changing these default settings during initial configuration, making it easier for attackers to gain unauthorized access. Similarly, users can set weak passwords or reuse passwords across devices, further compromising the security of the IoT ecosystem. If IoT devices lack strong authentication mechanisms, unauthorized persons or malicious attackers may gain access to the devices and systems. This can lead to unauthorized data access and allow attackers to extract sensitive information stored or transmitted on IoT devices, leading to data breaches and intellectual property theft. In addition, unauthorized access can allow an attacker to manipulate device functionality, tamper with settings, or inject malicious commands, which can lead to disruption, physical damage, or compromise of security. In addition, a compromised IoT device serves as a point of entry for attackers to penetrate the network, elevate their privileges, and launch further attacks against other network-connected systems and sensitive resources. It might work.

Poor authentication also undermines accountability and traceability in IoT environments. Without proper authentication mechanisms, it becomes difficult to attribute specific actions or events to individual users or devices. This lack of accountability hinders incident investigation, forensic analysis, and the ability to determine the cause of an attack or security breach. Weak or default credentials expose IoT devices to credential-based attacks such as brute force and dictionary attacks. An attacker can systematically try different username and password combinations until gaining unauthorized access. This is of particular concern if the device is connected to the Internet, as it can be targeted by automated scans and botnets looking for devices with weak credentials. Implementing strong authentication mechanisms, unique device credentials, and regular password updates are critical to mitigating these issues. Two-factor authentication, certificate-based authentication, or other multi-factor authentication methods can enhance security by adding an extra layer of validation. Choosing strong, unique passwords and educating users on the importance of avoiding password reuse is critical to overall IoT security. By tackling the problem of insufficient authentication and authorization, companies and individuals can greatly improve the security of IoT devices and systems, protecting them from unauthorized access, privacy invasion and potential threats.

C. Insecure Communication Protocols

The issue with unsafe Internet of Things (IoT) communication protocols is that they lack encryption or have insufficient security protections. As a result, data is susceptible to eavesdropping, manipulation, and unauthorized access. Without encryption, hostile actors can readily access critical information sent between IoT devices, networks, and components [8]. Weak security measures make it simpler for attackers to take advantage of flaws and take over IoT equipment without authorization. The integrity and confidentiality of data are exposed due to insecure communication methods, jeopardizing the IoT ecosystem's overall security.

D. Lacks awareness and knowledge

Many individuals are still getting to know the peculiarities and characteristics of the Internet of Things (IoT). The majority of users have now mastered concerns with phishing, malware, computer viruses, and online fraud. Before using internet banking, they took the effort to educate themselves on protecting their internet connection and online credit card security. Users of IoT often lack awareness and knowledge about the security and privacy of IoT which makes the users overlook the importance of the security and privacy awareness. Most medical or home use IoTs require users to fill in the personal information of the users. For instance, smartwatches can employ GPS to record the user's positions as well as other data. Some of them even allow you to record voiceovers. Bluetooth is typically used by smartwatches to connect to their

applications on smartphones. Users must register for the application and provide their private information [9]. Additionally, utilizing the application might have bugs or defects that cause privacy data to leak. Users must be aware of security and privacy issues as well as their own fundamental rights to secure their personal information. This is actually very dangerous if the security of the IoT is not secured due to the possibility of data leakage. Users with lack of security and privacy awareness will not think much when filling the personal information. Hence making them more susceptible to attacks. In addition to privacy concerns, consumers should be aware of potential security flaws in IoT devices in order to make wise decisions before purchasing and utilizing them. The IoT gadget itself, the mobile application that is used to operate it, and the cloud server that keeps the data make up the majority of IoT ecosystems, though. Therefore, employing IoT devices has hazards beyond those associated with the actual equipment. They may result from security issues in their cloud servers as well as faults in the mobile applications used to operate IoT devices. The attack on an Iranian nuclear facility in 2010 is a terrible example of the unprepared human component. It was and will always be incredibly unfortunate [10]. The IoT device known as a programmable logic controller was the target of the attackers, which meant that all it took for an attacker to compromise the system and expose the internal network was for one worker to insert a tiny flash drive into the controller.

E. Lack of Privacy-by-Design Principles

A concept called "privacy-by-design" encourages the inclusion of privacy safeguards from the very beginning of the design and development of systems, goods, and services. It attempts to prevent privacy concerns from becoming an afterthought and to guarantee that they are taken into account at every level of the design process. The tenets of privacy by design include end-to-end security, privacy as the default setting, proactive rather than reactive actions, and privacy built into the design [11]. However, the term "lack of privacy-by-design principles" refers to the lack of these principles or their inadequate use in the creation of systems, goods, or services. When privacy considerations are not properly considered in the early phases of development, possible privacy risks and breaches might result. There are a few reasons why privacy-by-design principles might not be followed:

- **Reactive Approach:** In some cases, organizations may adopt a reactive approach to privacy, where they only address privacy concerns or implement privacy measures in response to regulatory requirements or public pressure. This approach often leads to a rushed and inadequate implementation of privacy measures, as privacy considerations are not integrated into the initial design stages.
- **Limited Awareness:** It's possible that designers, developers, and stakeholders don't fully appreciate the value of privacy principles. They could not be aware of the privacy concerns connected to the systems they are creating, or they might not have the necessary knowledge and expertise to put privacy protections into place. As a result, privacy concerns could be disregarded or forgotten throughout the design phase.
- **Budget and time restrictions:** Privacy-by-design calls for an upfront commitment of time, money, and knowledge. Privacy issues may not always take precedence in organizations with limited resources or tight schedules. Shortcuts or concessions may be taken as a result, resulting in insufficient privacy safeguards.
- **Numerous systems and services are dependent on third-party components or connections.** The system's overall privacy may be compromised if certain third-party components do not prioritize privacy or do not offer sufficient privacy protections. When businesses don't carefully consider the privacy policies of outside suppliers or don't have enough control over their privacy-related decisions, privacy-by-design might be compromised.

Absence of privacy-by-design principles might have serious repercussions. It may result in data leaks, privacy violations, unauthorized access to personal information, and a decline in user confidence. Organizations may also have negative legal and regulatory repercussions, reputational harm, and lost commercial prospects.

F. Insufficient Software Updates and Patches

IoT devices frequently have security flaws because of their constrained computational power and unique op-

erating systems. IoT devices have high requirements for power, battery life, processing speed, and bandwidth [12]. One significant issue is the absence of consistent security updates and patches, which exposes these devices to known risks. Without regular upgrades, IoT devices may turn into simple targets for attackers, jeopardizing not only the security of the individual device but also the entire IoT ecosystem. The following are the primary problems caused by IoT devices' lack of software updates and patches:

- Exposure to vulnerabilities: Without routine updates and fixes, IoT devices continue to be vulnerable to security flaws. Attackers may take advantage of these flaws to enter restricted areas, steal confidential data, or carry out destructive actions.
- Cybercriminals aggressively look for and use known vulnerabilities in IoT devices, which are then exploited. To fix these vulnerabilities, manufacturers may offer security patches; but, if consumers do not upgrade their devices, they remain vulnerable to exploitation.
- Cumulative security risks: Delays in updates and patches may cause security risks to accumulate over time. The potential attack surface grows with each new vulnerability that is not fixed, weakening the overall security posture of IoT devices.

Solution

This section will answer research question 3 on what suggestion could be made to address the problems. It is an important awareness for users and manufacturers to realize that risks regarding security and privacy in IoT could lead to devastating effects. Therefore, to address the challenge regarding data privacy and consent, it is crucial to implement privacy-by-design principles in the development and deployment of IoT devices. This approach ensures that privacy considerations are integrated into every stage of the device's lifecycle.

A. Data minimization

Data minimization practices should be adopted, ensuring that only necessary and relevant data is collected and processed. By adopting a data minimization approach, IoT devices only collect and process the necessary and relevant data required for their intended purpose. This approach reduces the overall amount of data being collected, which, in turn, mitigates the risk of unauthorized access or misuse of personal information. By limiting data collection to what is essential, users' privacy is better protected, and the potential impact of a data breach or privacy violation is minimized.

B. Privacy policies

Clear and transparent privacy policies should be provided to users, outlining the purposes of data collection, processing, and storage, as well as the measures taken to protect the data. IoT device manufacturers should provide users with privacy policies that are clear, easily understandable, and accessible. These policies should outline the types of data being collected, the purpose of data processing, and how the data will be used and protected. Transparency ensures that users are well-informed about the data practices associated with the device they are using, enabling them to make informed decisions regarding their device usage and data sharing.

C. User Control

Obtaining explicit user consent before collecting and processing data is essential, as it respects user autonomy and ensures informed decision-making. Explicit User Consent is a fundamental aspect of respecting users' privacy rights [13]. Obtaining explicit consent from users before collecting and processing their data ensures that users are fully aware of the data being collected, the purpose of collection, and how it will be used. Consent mechanisms should be presented in a clear and easily understandable manner, leaving no ambiguity about the user's agreement to share their data. Giving users control over their consent preferences, including the ability to withdraw consent at any time, allows them to manage their privacy preferences actively.

Furthermore, empowering users with granular privacy settings and controls over their data allows them to customize their data-sharing preferences based on their comfort levels. IoT devices should offer granular privacy settings, enabling users to choose the level of data sharing they are comfortable with. This includes options to opt-in or opt-out of specific data collection or sharing practices. By empowering users to manage their data preferences, they gain a sense of control and confidence in the device's data handling practices. By addressing the problem of inadequate privacy protections and obtaining explicit user consent, the privacy concerns associated with IoT devices can be mitigated. This fosters trust, enhances user privacy, and promotes responsible and ethical data handling practices in the IoT ecosystem.

D. Unique credential and two factor authentication.

To address the problem of inadequate authentication and authorization in IoT devices, it is crucial to implement robust authentication mechanisms that ensure only authorized entities can access the devices or systems. One solution is to assign unique credentials to each IoT device during the manufacturing process. These credentials, such as a username and password, should be strong, complex, and not shared among multiple devices. This approach mitigates the risk of unauthorized access due to default or shared credentials.

Another solution is to implement two-factor authentication (2FA), which adds an additional layer of security. With 2FA, users are required to provide a second form of identification along with their username and password. This second factor can be something the user possesses, like a physical token or a mobile app generating one-time verification codes. Even if an attacker obtains the username and password, they will still need the second factor to gain access, significantly enhancing security.

E. Certified-based authentication and regular update

Certificate-based authentication is another effective solution. It involves using digital certificates to verify the identity of entities involved in communication. Each IoT device is equipped with a unique digital certificate, issued and verified by a trusted certificate authority (CA). Certificate-based authentication ensures strong authentication and protects against credential-based attacks, making it particularly useful in large-scale IoT deployments.

Secure device provisioning is crucial during the initial setup or onboarding process of IoT devices. It involves securely transmitting initial credentials to the device, ensuring their integrity and confidentiality. By employing secure provisioning mechanisms, the interception or tampering of credentials during the setup phase is prevented, ensuring that only authorized entities can access and configure the device.

Regular password updates and enforcing password policies are also important [14]. Users should be prompted to choose strong, unique passwords and avoid reusing passwords across multiple devices or services. Educating users about the importance of strong passwords and the risks associated with using default or easily guessable credentials is crucial for promoting good password hygiene.

D. Conduct user education and awareness campaigns

Conducting security and privacy awareness campaigns for users can help users understand the importance of security and privacy when using IoT. One of the most significant and frequently employed strategies in thwarting phishing attempts is general user education [10]. Several organizations have started awareness efforts to inform users on what phishing assaults are, how to recognize them, and how to prevent becoming victims of them. Campaigns for security and privacy awareness encourage individuals, employees, and organizations to be knowledgeable about, comprehend, and behave responsibly regarding security and privacy practices. These efforts are essential for enabling people to secure their personal information, avoid security breaches, and decide on privacy-related issues for themselves. The following are some crucial components and techniques frequently used in security and privacy awareness campaigns:

- **Communication that is Clear and Accessible:** Campaign messaging should be delivered clearly, Concise, and Easy to Understand. Individuals are more likely to understand the significance of security and

privacy practices if technical language is avoided and relevant examples are used.

- **Multi-Channel Approach:** Using a variety of communication channels helps the campaign have the greatest effect and reach. This covers traditional channels like flyers, brochures, workshops, and seminars as well as online channels like websites, social media platforms, email newsletters, and online forums. Engaging different audiences may be accomplished by using both conventional and digital media.
- **Creative and entertaining material** aids in grabbing people's attention and promoting involvement. This may consist of gamification components, films, infographics, tests, and interactive situations. Enhancing retention and knowledge application may be achieved by making the learning process entertaining and participatory.
- **Empowering Best Practices:** Information campaigns should not only spread knowledge but also offer advice on how people may improve their security and privacy. These suggestions should include best practices. This can contain instructions on how to make secure passwords, spot phishing emails, use encryption software, control privacy settings, and develop safe surfing practices.
- **Real-World Illustrations:** The possible repercussions of inadequate security practices may be illustrated by using real-world instances of security incidents, data breaches, and privacy violations. These illustrations aid people in comprehending the significance and necessity of putting security and privacy safeguards into place.
- **Education and Training:** By setting up workshops, webinars, and training sessions that go deeper into security and privacy subjects, people will be equipped with thorough information. Topics including safe online conduct, data protection laws, and privacy-by-design principles may be covered in these seminars. Additionally, businesses should regularly teach their staff members, stressing the need for confidentiality and security at work.
- **Collaboration and Partnerships:** Partnering with other businesses, trade associations, governmental agencies, and community stakeholders can help awareness campaigns be more effective. Sharing information, knowledge, and experiences encourages a group effort to advance security and privacy practices across industries.
- **Impact:** It is crucial to gauge the success of awareness initiatives through polls, evaluations, and comments. Campaign managers may adjust their methods and assure ongoing progress by keeping track of changes in knowledge, attitudes, and behaviors.

Organizations may empower people to make educated decisions, adopt best practices, and actively participate in protecting their own security and privacy by putting in place well-designed security and privacy awareness initiatives. These efforts aid in creating a culture that is concerned with privacy and a more secure online environment.

E. Incorporate privacy-by-design principles from the initial stages of IoT device development

Privacy-by-design principles have been used since the middle of 1990. Dr. Ann Cavoukian created and documented the privacy by design (PbD) idea in the middle of the 1990s. Following that, regulatory organizations and data protection experts started to accredit PbD. PbD was unanimously approved as a global privacy standard at the Jerusalem-based International Conference of Data Protection and Privacy Commissioners in October 2010 [11]. Manufacturers that are responsible in creating IoTs need to incorporate privacy-by-design from initial stages of IoT device development to give more focus on security and privacy matters in IoT. The manufacturers also need to implement privacy controls, including data minimization, anonymization techniques, and user-centric privacy settings. Obtain explicit user consent for data collection and clearly communicate data handling practices to users. Incorporating privacy-by-design principles from the initial stages of Internet of Things (IoT) device development is crucial to ensure that privacy considerations are built into the device's design, functionality, and data handling processes. By integrating privacy into the development process, IoT device manufacturers can proactively address privacy concerns and mitigate potential privacy risks. Here are key steps and considerations for incorporating privacy-by-design principles in IoT device development:

- Conduct a privacy impact assessment (PIA) as early in the development phase as possible. This entails determining the categories of personal data the device will gather, handle, or communicate as well as the privacy risks and effects that might result from using it. Analyze the privacy hazards posed by the gadget and choose the best course of action to resolve them.
- Investigate the application of privacy-enhancing technology to safeguard user privacy. Techniques like data anonymization, encryption, pseudonymization, and secure data transport protocols may be used in this. Utilize privacy-enhancing technology to protect personal information at all stages of its lifetime, including data processing, transit, and storage.
- Implement strong security measures to guard against unauthorized access to or breaches of personal data during data storage and transmission. Make sure the device employs powerful encryption techniques to protect data while it is in transit and at rest. To safeguard data during transmission, use secure communication protocols like Transport Layer Security (TLS).
- Provide consumers with extensive privacy options and controls so they may personalize their privacy choices. Allow users to easily control access to their personal information, adjust data sharing permissions, and opt in or out of data collecting. Users should be informed in clear terms about the privacy consequences of various settings and alternatives.
- Transparency and Privacy notifications: Clearly state how the device gathers, uses, and distributes personal data in privacy notifications or disclosures that are brief and to the point. Ensure that users may access these alerts without difficulty, both during device setup and through the device interface. To improve user understanding, speak plainly and steer clear of technical legalese.
- Obtain meaningful user consent for the collection, use, and sharing of personal data by obtaining their informed consent. Make sure consent is requested in a straightforward and explicit way and provide users the chance to change or cancel it at any time. Make consent processes simple for people to access and comprehend.
- Establish a procedure for routinely updating the firmware and software of the device to fix security holes and privacy concerns. Implement security-focused delivery and installation methods for these updates to guarantee continuing privacy protection for users.
- Complete privacy testing and quality assurance should be carried out at every stage of the development process. Check the gadget for any potential security flaws, data breaches, and privacy violations. To find and fix security and privacy issues, conduct penetration testing and vulnerability assessments.

Manufacturers may create devices that prioritize privacy and safeguard users' personal information by including privacy-by-design principles from the early phases of IoT device development. This strategy increases user trust, lowers privacy threats, and assures adherence to privacy laws. Additionally, it promotes a privacy-conscious culture in the IoT sector, which is advantageous for both people and businesses engaged in the development and deployment of IoT devices.

F. Software Updates and Patches

By providing continuing support with frequent updates and patches, manufacturers play a critical role in guaranteeing the security of IoT devices. The dangers related to insufficient software updates and patches can be reduced by resolving security vulnerabilities and enhancing device security.

- Manufacturers should actively check their products for potential flaws and work with security experts to find gaps. Vulnerability detection and treatment. When vulnerabilities are found, quick remedial actions should be done to close them, such as by creating fixes or updates.
- Release of updates on schedule: To guarantee the prompt supply of updates and patches, manufacturers must set up effective software development and release processes. By taking a proactive stance, identified vulnerabilities are swiftly fixed, narrowing the window of opportunity for attackers.
- Remote software upgrades are possible for devices by utilizing over-the-air (OTA) update techniques. For a wide range of device manufacturers involved in the entire device life cycle, OTA firmware functionality is a more efficient and effective method for updating remote IoT devices [15]. This removes the requirement for human engagement and guarantees that devices may get crucial security updates

without interference.

G. TLS and DTLS

The use of secure communication protocols is crucial to addressing the issue of unsecured communication protocols in IoT. Transport Layer Security (TLS) and Datagram Transport Layer Security (DTLS), two secure communication protocols, provide ways to create encrypted connections and safeguard the integrity and confidentiality of data. TLS (Transport Layer Security, another extensively used interpretation is SSL (Secure Socket Layer)) and DTLS (Datagram Transport Layer Security) are the most generally considered and used features in network security [16]. IoT devices can use these protocols to encrypt the data being communicated, guarding against sensitive data being intercepted and accessed by unauthorized parties. TLS offers end-to-end security at the transport layer, whereas DTLS is built for shaky transport protocols like UDP, which are frequently used in IoT contexts. Slice of these protocols can preludes cyberattacks [17].

Conclusion

In conclusion, the security and privacy of Internet of Things (IoT) devices are critical considerations for both businesses and individuals. The proliferation of IoT devices has brought convenience and connectivity, but it has also introduced new challenges and risks. In this project, we have explored some of the key problems related to IoT security and privacy, as well as their solutions. By implementing solutions for each problem, businesses and individuals can enhance the security and privacy of their IoT deployments. It is essential to prioritize security measures that protect user data, safeguard against unauthorized access, and build trust among users. As the IoT ecosystem continues to expand, it is crucial to stay vigilant, adapt to evolving threats, and adopt best practices to ensure a secure and privacy-preserving IoT environment. Overall, by addressing the challenges related to IoT security and privacy, we can unlock the full potential of IoT technology while mitigating risks and protecting the interests of businesses, individuals, and society as a whole.

Acknowledgement

The authors would like to take this opportunity to thank all people for their assistance and support in completing this paper. Special thanks to the Research Management Centre (RMC) of Universiti Teknologi MARA (UiTM), Malaysia, Faculty of Computer and Mathematical Sciences, University Teknologi MARA (UiTM) for their assistance in providing permission to use their facilities in getting some related information to write this paper.

References

- [1] S. Villamil, C. Hernández, and G. Tarazona, "An overview of internet of things," *Telkomnika (Telecommunication Computing Electronics and Control)*, vol. 18, no. 5, pp. 2320–2327, Oct. 2020, doi: 10.12928/TELKOMNIKA.v18i5.15911.
- [2] S. Neelam, "Internet of Things in Healthcare." 2018.
- [3] "The Internet of Things (IoT): An Overview," 2020.
- [4] R. Parimaladevi, "Issue 4 www.jetir.org (ISSN-2349-5162)," 2020.
- [5] L. Tanczer, M. Carr, I. Brass, I. Steenmans, and J. J. Blackstock, "IoT and Its Implications for Informed Consent," *SSRN Electronic Journal*, Feb. 2018, doi: 10.2139/ssrn.3117293.
- [6] M. Tareq Hasan and M. Tareq Hasan, "Solutions of common challenges in IoT A Signal processing approach to Music tutor View project Cloud Storage View project Solutions of common challenges in IoT," vol. 19, no. 5, pp. 57–65, 2017, doi: 10.9790/0661-1905055765.

- [7] M. Trnka, A. S. Abdelfattah, A. Shrestha, M. Coffey, and T. Cerny, "Systematic Review of Authentication and Authorization Advancements for the Internet of Things," *Sensors*, vol. 22, no. 4. MDPI, Feb. 01, 2022. doi: 10.3390/s22041361.
- [8] R. T. Tiburski, L. A. Amaral, E. de Matos, D. F. G. de Azevedo and F. Hessel, "Evaluating the use of TLS and DTLS protocols in IoT middleware systems applied to E-health," 2017 14th IEEE Annual Consumer Communications & Networking Conference (CCNC), Las Vegas, NV, USA, 2017, pp. 480-485, doi: 10.1109/CCNC.2017.7983155.
- [9] V. Visoottiviseth, T. Khengthong, K. Kesorn, and J. Patcharadechathorn, "ASPAHI: Application for Security and Privacy Awareness Education for Home IoT Devices," in *ICSEC 2021 - 25th International Computer Science and Engineering Conference*, Institute of Electrical and Electronics Engineers Inc., 2021, pp. 388–393. doi: 10.1109/ICSEC53205.2021.9684659.
- [10] F. A. Aloul, "The Need for Effective Information Security Awareness," *Journal of Advances in Information Technology*, vol. 3, no. 3, Aug. 2012, doi: 10.4304/jait.3.3.176-183.
- [11] F. H. Semantha, S. Azam, K. C. Yeo, and B. Shanmugam, "A systematic literature review on privacy by design in the healthcare sector," *Electronics (Switzerland)*, vol. 9, no. 3. MDPI AG, Mar. 01, 2020. doi: 10.3390/electronics9030452
- [12] K. K. Nair and H. D. Nair, "Security Considerations in the Internet of Things Protocol Stack," 2021 International Conference on Artificial Intelligence, Big Data, Computing and Data Communication Systems (icABCD), Durban, South Africa, 2021, pp. 1-6, doi: 10.1109/icABCD51485.2021.9519377.
- [13] S. Mohanty, K. Cormican, and C. Dhanapathi, "Analysis of critical success factors to mitigate privacy risks in IoT Devices," in *Procedia Computer Science*, Elsevier B.V., 2021, pp. 191–198. doi: 10.1016/j.procs.2021.12.005.
- [14] S. Afzal, A. Faisal, I. Siddique, and M. Afzal, "Internet of Things (IoT) Security: Issues, Challenges and Solutions," *Int J Sci Eng Res*, vol. 12, no. 6, 2021.
- [15] C. Sun, R. Xing, Y. Wu, G. Zhou, F. Zheng and D. Hu, "Design of Over-the-Air Firmware Update and Management for IoT Device with Cloud-based RESTful Web Services," 2021 China Automation Congress (CAC), Beijing, China, 2021, pp. 5081-5085, doi: 10.1109/CAC53003.2021.9727516.
- [16] Y. -k. Lee, Y. kim and J. -n. kim, "Implementation of TLS and DTLS on Zephyr OS for IoT Devices," 2018 International Conference on Information and Communication Technology Convergence (ICTC), Jeju, Korea (South), 2018, pp. 1292-1294, doi: 10.1109/ICTC.2018.8539493.
- [17] M. M. Hafiz and F. H. Mohd Ali, "Profiling and mitigating brute force attack in home wireless LAN," 2014 International Conference on Computational Science and Technology (ICCST), Kota Kinabalu, Malaysia, 2014, pp. 1-6, doi: 10.1109/ICCST.2014.7045190.